

第 56 回関西学生新人パワーリフティング選手権大会

開催日時：2026 年 3 月 22 日（日）開催場所：岡山大学校友会トレーニング棟

| 女子52kg級 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------|--------------------|------|--------|------------|------|------------|--------------|---------|------|-------|-------------------|-------------------|---------|------|------------------|-------------------|-------------------|-----------|-------|-------------------|-------------------|-------------------|----------|------------------|----------------|--------------|------------|--------------|----------------|----|
| Name | Team | Div | 検量体重 | IPF Wt Cls | lot# | Birth Year | IPF Pts Code | SQ rack | SQ-1 | SQ-2 | SQ-3 | Best SQ | BP rack | BP-1 | BP-2 | BP-3 | Best BP | Sub Total | DL-1 | DL-2 | DL-3 | Best DL | PL Total | PI/Div/Cls/Event | Forecast Score | F'Cast Place | IPF Points | Age & Points | Events Entered | |
| A | 住友 花音(43) | 岡山大学 | F-JR-U | 41.70 | 43 | 1 | 2006 | FCP | 6 | 20.0 | 25.0 | 30.0 | 30.0 | 3 | 20.0 | 22.5 | +25.0 | 22.5 | 52.5 | 52.5 | 60.0 | 65.0 | 65.0 | 117.5 | 1/F-JR- | 117.5 | 1 | 37.07 | 38.18 | PL |
| A | 山本 悠愛 | 岡山大学 | F-JR-U | 51.15 | 52 | 2 | 2006 | FCP | 5 | 40.0 | 50.0 | 55.0 | 55.0 | 3 | 25.0 | 30.0 | 35.0 | 35.0 | 90.0 | 60.0 | 65.0 | 70.0 | 160.0 | 2/F-JR- | 160.0 | 2 | 40.98 | 42.21 | PL | |
| A | 黒田 彩生 | 岡山大学 | F-JR-U | 48.60 | 52 | 4 | 2006 | FCP | 6 | 60.0 | 65.0 | 67.5 | 67.5 | 5 | 37.5 | 42.5 | -45.0 | 42.5 | 110.0 | 95.0 | 102.5 | 107.5 | 217.5 | 1/F-JR- | 217.5 | 1 | 58.37 | 60.12 | PL | |
| A | 菅 舞華 | 岡山大学 | F-JR-U | | | 3 | 2005 | FCP | | | | 0.0 | | | | | 0.0 | 0.0 | | | | 0.0 | 0.0 | | 0.0 | | 0.00 | 0.00 | PL | |
| 女子63kg級 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Name | Team | Div | 検量体重 | IPF Wt Cls | lot# | Birth Year | IPF Pts Code | SQ rack | SQ-1 | SQ-2 | SQ-3 | Best SQ | BP rack | BP-1 | BP-2 | BP-3 | Best BP | Sub Total | DL-1 | DL-2 | DL-3 | Best DL | PL Total | PI/Div/Cls/Event | Forecast Score | F'Cast Place | IPF Points | Age & Points | Events Entered | |
| A | Shun Lee Thant(57) | 岡山大学 | F-JR-U | 53.75 | 57 | 5 | 2004 | FCP | 5 | 90.0 | +100.0 | 100.0 | 100.0 | 4 | 42.5 | 47.5 | 50.0 | 50.0 | 150.0 | 110.0 | 117.5 | 122.5 | 272.5 | 1/F-JR- | 272.5 | 1 | 66.93 | 67.60 | PL | |
| A | 松田 美里(57) | 岡山大学 | F-JR-U | 56.00 | 57 | 6 | 2005 | FCP | 7 | 75.0 | 85.0 | 92.5 | 92.5 | 4 | 40.0 | 45.0 | -47.5 | 45.0 | 137.5 | 90.0 | 97.5 | 102.5 | 240.0 | 2/F-JR- | 240.0 | 2 | 57.06 | 58.20 | PL | |
| 男子53kg級 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Name | Team | Div | 検量体重 | IPF Wt Cls | lot# | Birth Year | IPF Pts Code | SQ rack | SQ-1 | SQ-2 | SQ-3 | Best SQ | BP rack | BP-1 | BP-2 | BP-3 | Best BP | Sub Total | DL-1 | DL-2 | DL-3 | Best DL | PL Total | PI/Div/Cls/Event | Forecast Score | F'Cast Place | IPF Points | Age & Points | Events Entered | |
| B | 中村 倫啓 | 岡山大学 | M-JR-U | 52.65 | 53 | 12 | 2006 | MCP | 9 | 132.5 | 140.0 | -147.5 | 140.0 | 6 | 92.5 | 100.0 | 102.5 | 102.5 | 242.5 | 172.5 | 182.5 | -185.0 | 425.0 | 1/M-JR- | 425.0 | 1 | 74.76 | 77.01 | PL | |
| B | 井上 凜 | 岡山大学 | M-JR-U | 52.95 | 53 | 13 | 2006 | MCP | 8 | 125.0 | 132.5 | 135.0 | 135.0 | 6 | 80.0 | 85.0 | 87.5 | 87.5 | 222.5 | 140.0 | 150.0 | -155.0 | 372.5 | 2/M-JR- | 372.5 | 2 | 65.33 | 67.29 | PL | |
| 男子59kg級 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Name | Team | Div | 検量体重 | IPF Wt Cls | lot# | Birth Year | IPF Pts Code | SQ rack | SQ-1 | SQ-2 | SQ-3 | Best SQ | BP rack | BP-1 | BP-2 | BP-3 | Best BP | Sub Total | DL-1 | DL-2 | DL-3 | Best DL | PL Total | PI/Div/Cls/Event | Forecast Score | F'Cast Place | IPF Points | Age & Points | Events Entered | |
| A | 坪井 優和 | 岡山大学 | M-JR-U | 57.65 | 59 | 7 | 2006 | MCP | 9 | 95.0 | 100.0 | 107.5 | 107.5 | 7 | 85.0 | 87.5 | 92.5 | 92.5 | 200.0 | 120.0 | 130.0 | 140.0 | 340.0 | 3/M-JR- | 340.0 | 3 | 56.96 | 58.67 | PL | |
| A | 岩谷 空汰 | 岡山商科 | M-JR-U | 57.25 | 59 | 8 | 2007 | MCP | 11 | 70.0 | 80.0 | 92.5 | 92.5 | 8 | 65.0 | 77.5 | -82.5 | 77.5 | 170.0 | 90.0 | 105.0 | -120.0 | 275.0 | 5/M-JR- | 275.0 | 5 | 46.25 | 48.10 | PL | |
| A | 加納 夢大 | 広島経済 | M-JR-U | 56.50 | 59 | 9 | 2006 | MCP | 8 | 120.0 | 130.0 | -140.0 | 130.0 | 7 | 80.0 | -90.0 | -90.0 | 80.0 | 210.0 | 130.0 | 145.0 | 160.0 | 370.0 | 2/M-JR- | 370.0 | 2 | 62.66 | 64.54 | PL | |
| A | 錦木 豪 | 環太平洋 | M-JR-U | 58.85 | 59 | 10 | 2005 | MCP | 7 | 172.5 | 180.0 | -187.5 | 180.0 | 4 | 132.5 | 140.0 | 145.0 | 145.0 | 325.0 | 187.5 | -202.5 | -207.5 | 512.5 | 1/M-JR- | 512.5 | 1 | 84.92 | 86.62 | PL | |
| A | 村田 光基 | 岡山大学 | M-JR-U | 55.50 | 59 | 11 | 2007 | MCP | 9 | 85.0 | 95.0 | 100.0 | 100.0 | 6 | 65.0 | 70.0 | -75.0 | 70.0 | 170.0 | 120.0 | 130.0 | 135.0 | 305.0 | 4/M-JR- | 305.0 | 4 | 52.15 | 54.24 | PL | |
| 男子66kg級 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Name | Team | Div | 検量体重 | IPF Wt Cls | lot# | Birth Year | IPF Pts Code | SQ rack | SQ-1 | SQ-2 | SQ-3 | Best SQ | BP rack | BP-1 | BP-2 | BP-3 | Best BP | Sub Total | DL-1 | DL-2 | DL-3 | Best DL | PL Total | PI/Div/Cls/Event | Forecast Score | F'Cast Place | IPF Points | Age & Points | Events Entered | |
| B | 星野 航平 | 京都先端 | M-JR-U | 65.20 | 66 | 14 | 2005 | MCP | 9 | 207.5 | 220.0 | 230.0 | 230.0 | 7 | 125.0 | 132.5 | +135.0 | 132.5 | 362.5 | 240.0 | 260.0 | 275.0 | 637.5 | 1/M-JR- | 637.5 | 1 | 100.02 | 102.02 | PL | |
| B | 平井 智貴 | 岡山大学 | M-JR-U | 65.45 | 66 | 15 | 2006 | MCP | 8 | 150.0 | 160.0 | 167.5 | 167.5 | 8 | 85.0 | 90.0 | 95.0 | 95.0 | 262.5 | 170.0 | 180.0 | +190.0 | 442.5 | 3/M-JR- | 442.5 | 3 | 69.28 | 71.36 | PL | |
| B | 坂本 悠斗 | 岡山大学 | M-JR-U | 64.25 | 66 | 16 | 2006 | MCP | 9 | 125.0 | 135.0 | 142.5 | 142.5 | 6 | 75.0 | 80.0 | 85.0 | 85.0 | 227.5 | 155.0 | 167.5 | 180.0 | 407.5 | 4/M-JR- | 407.5 | 4 | 64.43 | 66.37 | PL | |
| B | 寺下 佳希 | 岡山大学 | M-JR-U | 63.45 | 66 | 18 | 2006 | MCP | 9 | 135.0 | 147.5 | 155.0 | 155.0 | 7 | 90.0 | 95.0 | 100.0 | 100.0 | 255.0 | 130.0 | 140.0 | 150.0 | 405.0 | 5/M-JR- | 405.0 | 5 | 64.47 | 66.40 | PL | |
| B | 橋本 直人 | 岡山大学 | M-JR-U | 64.05 | 66 | 19 | 2006 | MCP | 8 | 115.0 | 125.0 | 132.5 | 132.5 | 6 | 75.0 | 80.0 | -82.5 | 80.0 | 212.5 | 145.0 | 155.0 | 162.5 | 375.0 | 7/M-JR- | 375.0 | 7 | 59.39 | 61.18 | PL | |
| B | 蔵原 新太郎 | 環太平洋 | M-JR-U | 65.20 | 66 | 21 | 2006 | MCP | 9 | 150.0 | 160.0 | 170.0 | 170.0 | 5 | 90.0 | +100.0 | +100.0 | 90.0 | 260.0 | 170.0 | 185.0 | +192.5 | 445.0 | 2/M-JR- | 445.0 | 2 | 69.82 | 71.91 | PL | |
| B | 守田 輝 | 岡山大学 | M-JR-U | 64.55 | 66 | 22 | 2006 | MCP | 10 | 125.0 | 135.0 | 140.0 | 140.0 | 6 | 72.5 | 77.5 | -82.5 | 77.5 | 217.5 | 155.0 | +165.0 | 165.0 | 382.5 | 6/M-JR- | 382.5 | 6 | 60.33 | 62.14 | PL | |
| 男子74kg級 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Name | Team | Div | 検量体重 | IPF Wt Cls | lot# | Birth Year | IPF Pts Code | SQ rack | SQ-1 | SQ-2 | SQ-3 | Best SQ | BP rack | BP-1 | BP-2 | BP-3 | Best BP | Sub Total | DL-1 | DL-2 | DL-3 | Best DL | PL Total | PI/Div/Cls/Event | Forecast Score | F'Cast Place | IPF Points | Age & Points | Events Entered | |
| C | 藤澤 春輝 | 大学 | M-JR-U | 68.60 | 74 | 23 | 2005 | MCP | 11 | 120.0 | 130.0 | 140.0 | 140.0 | 9 | 90.0 | +100.0 | +100.0 | 90.0 | 230.0 | 170.0 | +170.0 | 180.0 | 420.0 | U/74/PL | 420.0 | 5 | 64.15 | 65.43 | PL | |
| C | 清本 成吾 | 岡山大学 | M-JR-U | 73.25 | 74 | 24 | 2005 | MCP | 13 | 125.0 | 132.5 | 142.5 | 142.5 | 8 | 85.0 | 92.5 | 100.0 | 100.0 | 242.5 | 180.0 | 192.5 | 200.0 | 442.5 | 3/M-JR- | 442.5 | 3 | 65.31 | 66.61 | PL | |
| C | 金橋 宏憲 | 松山大学 | M-JR-U | 73.50 | 74 | 25 | 2006 | MCP | 12 | 145.0 | 152.5 | 157.5 | 157.5 | 8 | 95.0 | +102.5 | +102.5 | 95.0 | 252.5 | 185.0 | 205.0 | 220.0 | 472.5 | 2/M-JR- | 472.5 | 2 | 69.61 | 71.70 | PL | |
| C | 戸川 敬太 | 岡山大学 | M-JR-U | 70.90 | 74 | 26 | 2006 | MCP | 13 | 100.0 | 110.0 | 120.0 | 120.0 | 8 | 90.0 | +100.0 | 100.0 | 100.0 | 220.0 | 140.0 | 150.0 | 155.0 | 375.0 | 7/M-JR- | 375.0 | 7 | 56.30 | 57.98 | PL | |
| C | 坂本 怜太郎 | 岡山大学 | M-JR-U | 69.90 | 74 | 27 | 2006 | MCP | 12 | 120.0 | 130.0 | 140.0 | 140.0 | 8 | 80.0 | -85.0 | -85.0 | 80.0 | 220.0 | 140.0 | 155.0 | 165.0 | 385.0 | 6/M-JR- | 385.0 | 6 | 58.23 | 59.97 | PL | |
| C | 小林 将太 | 関西大学 | M-JR-U | 73.15 | 74 | 28 | 2005 | MCP | 12 | 135.0 | 145.0 | 155.0 | 155.0 | 10 | 80.0 | 85.0 | -92.5 | 85.0 | 240.0 | -200.0 | 200.0 | -210.0 | 440.0 | 4/M-JR- | 440.0 | 4 | 64.99 | 66.29 | PL | |
| C | 宮向 太一 | 岡山商科 | M-JR-U | 71.30 | 74 | 29 | 2004 | MCP | 12 | 100.0 | 110.0 | 115.0 | 115.0 | 8 | -85.0 | -85.0 | 85.0 | 200.0 | 145.0 | 155.0 | 170.0 | 370.0 | 8/M-JR- | 370.0 | 8 | 55.38 | 55.94 | PL | | |
| C | 内田 耀亮 | 岡山大学 | M-JR-U | 67.05 | 74 | 30 | 2005 | MCP | 10 | 150.0 | 165.0 | 170.0 | 170.0 | 8 | 100.0 | 110.0 | +115.0 | 110.0 | 280.0 | 170.0 | 180.0 | 195.0 | 475.0 | 1/M-JR- | 475.0 | 1 | 73.43 | 74.90 | PL | |

| 男子83kg級 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------|------------|------|--------|--------|------------|------|------------|--------------|---------|--------|-------|--------|---------|---------|-------|--------|--------|---------|-----------|-------|--------|--------|---------|----------|------------------|----------------|--------------|------------|--------------|----------------|
| | Name | Team | Div | 検量体重 | IPF Wt Cls | lot# | Birth Year | IPF Pts Code | SQ rack | SQ-1 | SQ-2 | SQ-3 | Best SQ | BP rack | BP-1 | BP-2 | BP-3 | Best BP | Sub Total | DL-1 | DL-2 | DL-3 | Best DL | PL Total | PI/Div/Cls/Event | Forecast Score | F'cast Place | IPF Points | Age & Points | Events Entered |
| D | 高橋 仁 | 岡山大学 | M-JR-U | 81.80 | 83 | 34 | 2007 | MCP | 14 | 120.0 | 130.0 | 140.0 | 140.0 | 7 | 100.0 | 105.0 | 110.0 | 110.0 | 250.0 | 130.0 | 140.0 | -155.0 | 140.0 | 390.0 | 11/M-JR- | 390.0 | 11 | 54.39 | 56.56 | PL |
| D | 川上 焯心 | 岡山商科 | M-JR-U | 79.65 | 83 | 35 | 2007 | MCP | 17 | 105.0 | 110.0 | 120.0 | 120.0 | 10 | 80.0 | 85.0 | 92.5 | 92.5 | 212.5 | 160.0 | 170.0 | 190.0 | 190.0 | 402.5 | 9/M-JR- | 402.5 | 9 | 56.89 | 59.17 | PL |
| D | 富松 義士 | 関西大学 | M-JR-U | 77.85 | 83 | 36 | 2006 | MCP | 11 | 180.0 | 190.0 | 200.0 | 200.0 | 7 | 120.0 | 125.0 | +130.0 | 125.0 | 325.0 | 190.0 | 205.0 | -215.0 | 205.0 | 530.0 | 3/M-JR- | 530.0 | 3 | 75.80 | 78.07 | PL |
| D | 辻 尚平 | 関西大学 | M-JR-U | 77.40 | 83 | 37 | 2005 | MCP | 12 | +145.0 | 145.0 | 160.0 | 160.0 | 8 | 115.0 | 117.5 | 122.5 | 122.5 | 282.5 | 165.0 | +160.0 | 180.0 | 180.0 | 462.5 | 6/M-JR- | 462.5 | 6 | 66.34 | 67.67 | PL |
| D | 福田 拓馬 | 岡山大学 | M-JR-U | 77.35 | 83 | 38 | 2006 | MCP | 12 | 130.0 | 140.0 | 152.5 | 152.5 | 7 | 80.0 | 87.5 | 92.5 | 92.5 | 245.0 | 140.0 | 155.0 | 175.0 | 175.0 | 420.0 | 8/M-JR- | 420.0 | 8 | 60.27 | 62.07 | PL |
| D | 加藤 廉 | 広島経済 | M-JR-U | 82.60 | 83 | 39 | 2007 | MCP | 13 | +120.0 | 130.0 | 145.0 | 145.0 | 8 | 75.0 | 80.0 | +82.5 | 80.0 | 225.0 | 140.0 | 160.0 | 175.0 | 175.0 | 400.0 | 10/M-JR- | 400.0 | 10 | 55.51 | 57.73 | PL |
| D | 大谷 悠介 | 関西大学 | M-JR-U | 81.10 | 83 | 40 | 2007 | MCP | 12 | 195.0 | 205.0 | 210.0 | 210.0 | 7 | 122.5 | +130.0 | +130.0 | 122.5 | 332.5 | 220.0 | 235.0 | 250.0 | 250.0 | 582.5 | 1/M-JR- | 582.5 | 1 | 81.58 | 84.85 | PL |
| D | 浅津 大地 | 岡山商科 | M-JR-U | 80.45 | 83 | 41 | 2006 | MCP | 11 | 190.0 | 200.0 | 205.0 | 205.0 | 8 | 112.5 | 122.5 | 127.5 | 127.5 | 332.5 | 210.0 | 220.0 | 242.5 | 242.5 | 575.0 | 2/M-JR- | 575.0 | 2 | 80.87 | 83.29 | PL |
| D | 伊 志賢 | 関西大学 | M-JR-U | 78.25 | 83 | 42 | 2005 | MCP | 13 | 160.0 | 172.5 | 180.0 | 180.0 | 9 | 100.0 | 107.5 | 110.0 | 110.0 | 290.0 | 170.0 | 185.0 | +190.0 | 185.0 | 475.0 | 5/M-JR- | 475.0 | 5 | 67.75 | 69.11 | PL |
| D | 山田青弘 | 岡山大学 | M-JR-U | 77.05 | 83 | 43 | 2006 | MCP | 13 | 125.0 | 135.0 | +140.0 | 135.0 | 7 | 90.0 | 95.0 | +100.0 | 95.0 | 230.0 | 140.0 | 160.0 | 190.0 | 190.0 | 420.0 | 7/M-JR- | 420.0 | 7 | 60.39 | 62.20 | PL |
| 男子93kg級 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| D | 川島 隼仁 | 岡山大学 | M-JR-U | 85.65 | 93 | 44 | 2004 | MCP | 14 | +160.0 | 185.0 | 190.0 | 190.0 | 7 | 85.0 | 87.5 | 90.0 | 90.0 | 280.0 | 185.0 | 195.0 | 200.0 | 200.0 | 480.0 | 2/M-JR- | 480.0 | 2 | 65.40 | 66.06 | PL |
| D | 住田 世風 | 松山大学 | M-JR-U | 90.55 | 93 | 45 | 2006 | MCP | 12 | 215.0 | 230.0 | 240.0 | 240.0 | 8 | 140.0 | 147.5 | 155.0 | 155.0 | 395.0 | 210.0 | 230.0 | 250.0 | 250.0 | 645.0 | 1/M-JR- | 645.0 | 1 | 85.49 | 88.06 | PL |
| D | 山条 康平 | 岡山大学 | M-JR-U | 87.45 | 93 | 46 | 2006 | MCP | 13 | 130.0 | 140.0 | 150.0 | 150.0 | 6 | 87.5 | 92.5 | -97.5 | 92.5 | 242.5 | 130.0 | 140.0 | 150.0 | 150.0 | 392.5 | 3/M-JR- | 392.5 | 3 | 52.93 | 54.52 | PL |
| 男子105kg級 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| C | 吉廻 琉 | 岡山大学 | M-JR-U | 104.10 | 105 | 31 | 2005 | MCP | 11 | 120.0 | 135.0 | 145.0 | 145.0 | 9 | 85.0 | 90.0 | -92.5 | 90.0 | 235.0 | 120.0 | 135.0 | +140.0 | 135.0 | 370.0 | 1/M-JR- | 370.0 | 1 | 45.87 | 46.78 | PL |
| 男子105kg超級 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| C | 草薙 志志(120) | 岡山大学 | M-JR-U | 120.25 | 120+ | 32 | 2006 | MCP | 16 | 75.0 | | | 75.0 | 10 | 115.0 | +130.0 | +130.0 | 115.0 | 190.0 | 75.0 | | | 75.0 | 265.0 | 1/M-JR- | 265.0 | 1 | 30.78 | 31.70 | PL |

…全日本学生記録

最優秀選手

| | 氏名 | 所属大学 | GLポイント |
|------|--------------------|----------|--------|
| 女子の部 | Shun Lae Lae Thant | 岡山大学 | 66.93 |
| 男子の部 | 星野航平 | 京都先端科学大学 | 100.02 |

<陪審員>

- A 長江由美子 (国内1級)、阿南喜裕 (国内1級)、徳田和夫 (国内2級)
- B 吉岡秀明 (国内1級)、徳田和夫 (国内2級)、寺岡拓朗 (国内2級)
- C 長江由美子 (国内1級)、阿南喜裕 (国内1級)、岡村聡晃 (国内2級)

D 吉岡秀明（国内 1 級）、徳田和夫（国内 2 級）、岡村聡晃（国内 2 級）

<審判員>

A 主審：吉岡秀明（国内 1 級） 副審：寺岡拓朗（国内 2 級） 副審：丹羽弘典（国内 3 級）

B 主審：長江由美子（国内 1 級） 副審：徳田和夫（国内 2 級） 副審：小川和郎（国内 3 級）

C 主審：寺岡拓朗（国内 2 級） 副審：川本真紀子（国内 3 級） 副審：丹羽弘典（国内 3 級）

D 主審：阿南喜裕（国内 1 級） 副審：藤原朋樹（国内 3 級） 副審：小川和郎（国内 3 級）

上記の通り報告いたします。

関西学生パワーリフティング連盟理事長 西尾岳人

gakuto2004161028@gmail.com 080-1520-7440