

11月23日

2025高知県ベンチプレス記録会

| Name  | Team                  | Div   | 検量体重  | IPF Wt<br>Cls | lot# | Birth<br>Year | IPF Pts<br>Code | BP-1   | BP-2   | BP-3   | Best BP | Best BP | Pl/Div/Cls/Event | IPF<br>Points | Age &<br>Points | Events<br>Entered |
|-------|-----------------------|-------|-------|---------------|------|---------------|-----------------|--------|--------|--------|---------|---------|------------------|---------------|-----------------|-------------------|
| 門明 麻美 | 元気クラブ                 | F-O-U | 46.60 | 47            | 1    | 1967          | FCB             | -55.0  | -55.0  | -55.0  | 0.0     | 0.0     |                  | 0.00          | 0.00            | BP                |
| 山本 将士 | 個人                    | M-O-U | 65.50 | 66            | 4    | 1966          | MCB             | 125.0  | 135.0  | -137.5 | 135.0   | 135.0   | 1/M-O-U/66/BP    | 76.89         | 101.11          | BP                |
| 吉田 有吾 | World Champion<br>Gym | M-O-U | 82.70 | 83            | 6    | 1983          | MCB             | 140.0  | -155.0 | -155.0 | 140.0   | 140.0   | 1/M-O-U/83/BP    | 70.45         | 71.86           | BP                |
| 常石 一斗 | World Champion<br>Gym | M-O-U | 59.00 | 59            | 3    | 2008          | MCB             | 150.0  | 160.0  | -160.0 | 160.0   | 160.0   | 1/M-O-U/59/BP    | 96.54         | 104.27          | BP                |
| 野村 将栄 | 元気クラブ                 | M-O-U | 72.50 | 74            | 5    | 2007          | MCB             | 145.0  | 155.0  | -165.0 | 155.0   | 155.0   | 1/M-O-U/74/BP    | 83.57         | 88.58           | BP                |
| 西森 悠  | 個人                    | M-O-U | 60.40 | 66            | 2    | 1990          | MCB             | 90.0   | -95.0  | 95.0   | 95.0    | 95.0    | 2/M-O-U/66/BP    | 56.58         | 56.58           | BP                |
| 仙波 敦  | 個人                    | M-P   | 73.70 | 74            | 8    | 1997          | MEB             | 120.0  | 130.0  | -132.5 | 130.0   | 130.0   | 1/M-P/74/BP      | 50.80         | 50.80           | BP                |
| 湯山 聡  | 個人                    | M-P   | 65.50 | 66            | 7    | 1977          | MEB             | -140.0 | -140.0 | -140.0 | 0.0     | 0.0     |                  | 0.00          | 0.00            | BP                |
|       |                       |       |       |               |      |               | EB              |        |        |        | 0.0     | 0.0     |                  | 0.00          | 0.00            | BP                |